

OSCE STATION No. ()**PHYSICAL EXAMINATION STATION****INSTRUCTIONS TO THE STUDENT**

This 50 years old patient has **Left** Breast mass that was discovered incidentally while taking a shower 2 years ago when it was small (a bean-sized) not painful but she used to experience pricking pain before her menses . There was no discharge per nipple. There was no H/O trauma She ignored this lesion for about 5/12 when she was worked up again where complete a course of chemotherapy for her breast lesion 5/12 and now being prepared for breast surgery.

Your task is to examine this patient's breast

- Please **provide a commentary** on what you are examining for as you go along and
- **Describe any abnormal findings** you identify as you proceed. **What is the most likely the Diagnosis?**

What are the related Investigation to reach the Diagnosis?

- This is an 8 min station, 5 min for the student & 3 min for the examiner for discussion.

OSCE STATION No. ()

PHYSICAL EXAMINATION STATION

DATA TO THE EXAMINER

Please read carefully the “Instructions for the student .

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She ignored this lesion for about 5/12 when she was worked up again where complete a course of chemotherapy for her breast lesion 5/12 and now being prepared for breast surgery.

O/E: Mass in the upper outer quadrant of Lt breast of about 2.3 cm in diameter. There is nipple retraction with no discharge and the skin over is shiny edematous with a 5mm ulcer. Laxillary lymph nodes clinically not felt. Other breast and axilla is normal.

The task of the student is to examine the patient's breast doing the Following:

- Please **provide a commentary** on what you are examining for as you go along and
- **Describe any abnormal findings** you identify as you

Proceed. What is the most likely the Diagnosis?

- This is an **8 min** station; **5 min** for the student & **3 min** for the examiner for discussion.

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PHYSICAL EXAMINATION STATION MARK SHEET

EXAMINER'S NAME..... STUDENT'S NAME

Please encircle the appropriate mark for each criterion.

critrion	Performed competently	Performed but not fully competent		Not performed or incompetent
Initial approach to the patient (introduces him-herself, explains what he/she will be doing)	2	1	0.5	0
Exposure & positioning of the patient	1	0.5		0
Inspection : Both breasts and Nipples , both Axillae , Supra clavicular region	3 2	1		0
Asking the patient to 1. Raise her hands above her head 2. Press her hands against the hips 3. Point to the mass	3 2	1	0.5	0
Palpation Feel with the palm of the fingers Normal breast first Whole breast , nipple & axillary tail Axillary LN , Supra clavicular region Relation to skin & muscles	4 3	2	1	0
Dignosis	2	1		0
Related Investigations: Ultrasound, Breasts FNAC, ?Tru-cut Biopsy	2	1		0
Overall approach to task including management	3	2	1	0
TOTAL (max20)				
Overall rating of station	Clear pass>12		Borderline 10-12	Clear failure<10

Name Signature..... Date.....